

The following are sample questions to consider asking your mentor. Be mindful of the nature of this relationship and remember to keep your communication professional. You will set the tone of the relationship with your mentor as you grow into the relationship however typically questions about a mentor's non-work and personal life are off-limits.



CAREER DISCOVERY

- How did you get where you are today?
- Why do you do what you do
- What would a typical day or week be like for you?
- How would you describe your work environment?
- What are some of the rewards & challenges of this role?
- What do you like most about your career? Least?
- What do you wish you had known before your first job or before you had started in this industry?
- What do you wish someone would have told you about this career when you were starting out?

JOB SEARCH & NETWORKING

- What can I do to stay current in the field?
- What was a key lesson you learned early on as an emerging professional?
- What kinds of things should I be doing now to prepare myself for starting my career?
- How do you build and maintain your network?
- What suggestions would you have for me related to building and managing relationships?
- What skills or characteristics have been most important in your career and how did you develop them?

INCREASING SELF-AWARENESS

Working with a mentor can help increase your self-awareness by providing feedback on how your actions and communication are impacting the way others see you. By asking for feedback, it can also help you uncover your strengths as well as identify areas for improvement.

SELF-AWARENESS IS
THE ABILITY TO SEE
YOURSELF AS OTHERS
PERCEIVE YOU.

- How am I presenting when we meet in person?
- Is there anything that you think I can do to improve my in-person communication skills?
- I am looking to improve my (insert whatever skill you're looking to improve) skill. What would be your advice to improve in this area?

Was there a time you made a mistake or felt like you'd failed? How did you recover?

What are 2-3 things that I could do better or differently?

What personal or professional skills do you think I should work on developing? What experiences might help me do that?

IF YOU WANT MORE SAMPLE QUESTIONS & MENTORSHIP TIPS, REACH OUT!



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